

A number of members and colleagues have asked for, and also shared, ideas about how individually and collectively we support each other. How we can reach out and connect with other BASW members, colleagues and communities and take a proactive approach to challenging racism, hatred and Islamophobia.

- Speak to your line manager and employee create safe spaces in the workplace to talk about racism. Reach out to your colleagues, speak to peers, friends family or someone you trust.
- ► Hold a session with colleagues to discuss the Social Care Workforce Race Equality Standard (skillsforcare.org.uk)
- Consider the impact for those you come in contact with every day, the impact of recent events will compound existing racial trauma for some individuals, and we need to be alert to this.
- ▶ Be alert to the actions of others and be an active ally, if someone is being targeted.
- Read about people's lived experience, racism in all its forms and Islamophobia. This might involve reading books, BLOGS, statements, PSW Articles, journals and first account experiences from the people that live it. Try and take the initiative on this and not just ask people "what can I do" which puts the onus on them and not yourself.
- Phoning/visiting local services, asylum centres/Immigration solicitor centres/shops/ mosques – asking what is the best way to offer/provide support and share messages of solidarity.

- Write to your MP about issuing place-based statements and to use the terms 'racism and Islamophobia' when referring to recent events.
- Contact local and Premier football clubs and sports bodies to condemn the racism and ask them to issue statements and ban fans for life if convicted or associated with inciting racism, inciting violence and hatred.
- ▶ If you feel personally safe and want to do this Stand Up to Racism has information about coordinated action nationally and locally: https://standuptoracism.org.uk/our-branches
- Send a message of welcome to asylum seekers arriving in the UK: www.conversationoverborders.org/campaigns
- See Hope Not Hate for guidance on staying safe whilst supporting communities: https://hopenothate.org.uk/action
- Share messages of hope and statements of solidarity on social media e.g.
 Migrants Organise statement: We keep each other safe! Organising against the far right <u>Migrants Organise</u>

▶ If you are a BASW member you can also access:

- Coaching from the <u>Social Work Professional</u> <u>Support Service (SWPSS) | BASW</u> a confidential safe space for you to talk with another social worker about the impact of events for you in your professional role.
- For a collective response connect with members in your local branch: https://basw.co.uk/support/groups-and-networks/local-branches-england
- Connect with your Independents network <u>Independents</u>
- Connect with members in your thematic group: https://basw.co.uk/support/groups-and-networks/thematic-groups-england
- BASW Diaspora Special Interest Group for BASW members who originate from overseas and currently study or work in the UK

- BASW England Black & Ethnic Minority
 Professionals Symposium a safe online space
 for Black & Ethnic Minority social workers
- BASW Advice & Representation advice with safety at work and your rights as an employee
- Social Workers Union Your trade union as well as other trade unions. See BASW and SWU'S Social Worker Wellbeing and Working Conditions - A Good Practice Toolkit
- BASW Experts by Experience Forum UK Lived experience group
- Mentoring service for those seeking employment during these difficult times and needing support
 Mentoring Service | BASW England | BASW
- See our events page for a various forums taking place, which provide an opportunity to connect with other social workers Events | BASW

lacktriangle Useful resources (please let us know of other resources and we will regularly update this list)

- BASW England anti-racism resources
- Aboutface Training: https://aboutfacetraining.co.uk
- Racism and mental health Mind
- A list of hate crime support services
 Victim support in your area True Vision (reportit.org.uk)
- Racism in the UK Stop Hate UK

- AFRUCA Safeguarding Children: https://afruca.org
- Battling the Cost-of-Living Crisis: Campaign Action Pack (2024) - SWU Social Workers Union (<u>swu-union.org.uk</u>) - contains information on a number of related areas e.g organising events, collating stories etc <u>Battling the Cost-of-Living Crisis:</u> <u>Campaign Action Pack (2024) - SWU Social</u> <u>Workers Union (swu-union.org.uk)</u>
- www.tuc.org.uk/resource/protecting-workersrisks-violence-and-racism

Contact <u>BASW England</u> email and/or phone us on 0121 622 3911 to speak to a member of staff – we are here for you!

BASW has collated these resources but this is not an endorsement.